

ECC Building Blocks to Kindergarten Readiness

The following are the steps taken in each classroom to ensure children are best prepared for Kindergarten. These outline the goals of the classroom and the expectations we have for teachers for implementation. We recognize there are many other components that play a part of kindergarten readiness; these just outline broad areas that are focused on throughout our program.

	Ahavah		Kehillah	Masoret	Kavod	Shalom	Ruach	Kindergarten
	0-10 months	10-16 months	16-24 months	20-33 months	24-42 months	33months – 4 yrs	4 by Sept. 1st	5 by Sept. 1 st
Meal time	Babies are fed on their individual schedules; slowly different foods are introduced and children are encouraged to eat with hands.	A schedule is used for breakfast, lunch, and snacks. Plates and spoons are starting to be used. Children are encouraged to use their words or hands to communicate their needs. Towards the end children eat some meals at small table instead of highchairs.	For all meals these toddlers sit at a table in chairs. They feed themselves using hands and silverware. When children first transition into this room typically sippy cups are used and throughout the year they are moved to using regular cups. Toddlers are encouraged to throw away their trash when done.	Children begin the routine of washing hands before meals; continue to sit at table in chairs for meals; and continuing to practice using forks and spoons. Children use plates and cups; teachers give children portions of their lunch and children practice using their words to ask for more. At the end of meals children practice throwing away their trash.	Children wash hands independently before meals. Meals and snacks are served to children on plates. Children have to use their words to ask for more. Children are expected to clean up their area after a meal.	Children wash hands independently before meals. Lunch bags are put on table for children; however children are expected to unpack their lunch and try to open their items. They are expected to use their words to ask for more or if they need help. Children clean up their area and put their lunch bag away after meal.	Children wash hands independently before meals. Children get out their own lunch bags, unpack their own lunches, get silverware if needed, pour water or milk themselves, and open items themselves. If they need help they are encouraged to ask a friend before asking a teacher. Children clean up their area and put away their lunch bag away.	In most kindergarten programs children are expected to be self-sufficient. This means remembering to bring lunch to school, able to unpack and open items, and clean up after self. In addition to this if children utilize a hot lunch program children need to be able to go through a line to get food and often times remember a code to enter for payment.
Bathroom	Infants are on their own schedule for diaper changes. Children have an adult wash their hands with them.		The toddlers have three set diapering shifts during the day when all children are changed. At these times if they express interest they are given the chance to sit on the potty. Diapers are also changed at other times during the day on an as needed basis. At this age toddlers are assisted with hand washing.	The toddlers have three set diapering shifts during the day when all children are changed. At these times if they express interest they are given the chance to sit on the potty. Children are encouraged to pull down their pants and take off diaper. Children are encouraged to dress and undress self. Diapers are also changed at other times during the day on an as needed basis. At this age toddlers are assisted with hand washing.	The toddlers have three set bathroom shifts during the day when all children have their diaper changed and/or sit on the toilet. Children are encouraged to pull down their pants and take off diaper. Children in this class also practice getting dressed and undressed. Diapers are also changed at other times during the day on an as needed basis. Children wash hands independently with supervision.	The preschoolers have three set bathroom shifts during the day when all children have sit on the toilet (or have diaper changed if needed). In addition to these scheduled times children are reminded throughout the day to use the bathroom. Children dress and undress themselves with limited help and wash their hands independently with supervision.	The prek children use the bathroom as needed and are reminded throughout the day to try. Children are able to change themselves and wash their hands independently.	Children are expected to use bathroom independently, advocate for themselves if they need to use the bathroom, dress themselves, and wash their hands.

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Nap/Rest	Babies are on their own schedule for napping; typically moving from three naps to two naps.	Transitions are made from one morning nap and one afternoon nap to one afternoon nap. Children become ready by 14 months for this.	Toddlers in this room have one nap from approximately 1-330. During this time calming music is played, children are on their own cot with items from home, and children are given assistance falling asleep if needed.	Toddlers in this room have one nap from approximately 1-330. During this time calming music is played, children are on their own cot with items from home, and children are given assistance falling asleep if needed.	Toddlers in this room have one nap from approximately 1-330. During this time calming music is played, children are on their own cot with items from home, and children are given assistance falling asleep if needed.	Preschoolers have one nap from approximately 130-330. During this time calming music is played, children are on their own cot with items from home, and children are given assistance falling asleep if needed. If children wake up they can quietly look at books on their cots.	PreK have one rest from approximately 130-200. During this time calming music is played and children are on their own mat with items from home. If children fall asleep they are able to nap until 3:00. This time is slowly shortened throughout the year to ensure children are able to be successful without more than a 30 minute rest. Children that are awake after the 30 minute rest engage in quiet activities in classrooms.	No nap is provided during the day. Some all day kindergarten programs have a quiet time during the day.
Group time	Babies have the opportunity to participate in art and music.	In addition to art and music different activities are brought out throughout the day for small groups to engage in with a teacher if they chose to. This could be building with blocks, using the sensory table, or listening to stories. Children also visit the muscle room and become familiar with the Kehillah room and teachers.	A couple of times during the day the children are encouraged to sit on the carpet for stories, music, or other activities that are teacher led. These are typically 10-15 minutes and the toddlers have the choice to participate.	A couple of times during the day the children are encouraged to sit on the carpet for stories, calendar, music, or other activities that are teacher led. These are typically about 15 minutes and the toddlers have the choice to participate.	A couple of times during the day the children are encouraged to sit on their specific spot on the carpet for stories, calendar, music, or other activities that are teacher led. These are typically about 15-20 minutes.	A couple of times during the morning and once in the afternoon the children are encouraged to sit on their specific spot on the carpet for stories, calendar, music, or other activities that are teacher led. These are typically about 15-20 minutes.	A couple of times during the morning and once in the afternoon the children are encouraged to sit on their specific spot on the carpet for stories, calendar, music, or other activities that are teacher led. These are typically about 20-30 minutes.	Children are expected to sit with the group for about 30 minutes various times throughout the day.