

Menu: February 2012

Mon	Tue	Wed	Thu	Fri	
<p>All milk provided by the Sabes JCC's ECC is certified hormone free.</p>		<p>1 Breakfast: blueberries, Muffins SHAINA: Take muffins out for tomorrow AM: String Cheese & Wheat Thins** PM: Animal Crackers</p>	<p>2 Breakfast: blueberries, oatmeal, eggs AM: Blueberry Muffins PM: Grahams</p>	<p>3 Breakfast: blueberries, Cheerios, eggs AM: Challah & Fruit Juice PM: Pretzels</p>	
	<p>6 Breakfast: blueberries, oatmeal AM: Natural Unsweetened Applesauce PM: Pretzels</p>	<p>7 Breakfast: blueberries, waffles AM: Cheerios & Milk PM: Cheez Its</p>	<p>8 Breakfast: blueberries, pancakes AM: Bananas PM: American Cheese & Ritz**</p>	<p>9 Breakfast: bananas, blueberry muffins AM: Yogurt & Blueberries PM: Grahams</p>	<p>10 ECC CLOSED</p>
	<p>13 Breakfast: bananas, muffins AM: Hardboiled Eggs & Wheat Thins** Toddlers: 1/2 egg per child PM: Nutri Grains</p>	<p>14 Breakfast: peaches, oatmeal AM: Apple Slices SHAINA: Take peaches out for tomorrow PM: Nilla Wafers</p>	<p>15 Breakfast: apples, pancakes AM: Peaches (frozen) PM: String Cheese & Ritz**</p>	<p>16 Breakfast: apples, Cheerios AM: American Cheese & Pretzels** PM: Grahams</p>	<p>17 Breakfast: apples, Life cereal AM: Challah & Fruit Juice PM: Animal Crackers</p>
	<p>20 Breakfast: peaches, blueberry muffins AM: Grahams PM: Animal Crackers</p>	<p>21 Breakfast: applesauce, waffles AM: Life cereal & Milk PM: Cheez Its</p>	<p>22 Breakfast: frozen peaches, pancakes AM: Cottage Cheese & Pretzels** PM: Nutri Grains</p>	<p>23 Breakfast: Life cereal, apples/peaches AM: Natural Unsweetened Applesauce PM: Hardboiled Eggs & Wheat Thins**</p>	<p>24 Breakfast: cottage cheese, Cheerios, berries or peaches AM: Challah & Fruit Juice PM: Nilla Wafers</p>
	<p>27 Breakfast: blueberries, oatmeal AM: Cheerios & Milk PM: American Cheese & Wheat Thins**</p>	<p>28 Breakfast: peaches, waffles AM: Cottage Cheese & Ritz** PM: Pretzels</p>	<p>29 Breakfast: oranges, Life cereal AM: Pears/Peaches PM: Cheez Its</p>	<p>All ECC breakfasts and snacks are served with milk unless otherwise noted. **Indicates served with <u>water</u>.</p>	<p>Menu items subject to change based on freshness!</p>