Community group pitches in to "repair the world"

Adults with disabilities and others who meet at the St. Paul Jewish Community Center take on projects inspired by a year to social action.

Last month, the Tikvah Group of the St. Paul Jewish Community Center, which brings together adults with disabilities and their partners to do projects that support the community, was inspired to help."I have two friends who are Jewish and they told me about the Tikvah Group," said Jennifer, one of the participants.

"It was a group that I had heard about but never been involved with," Jennifer said. "I thought it sounded like a really great opportunity to get involved in the community and help others, so I decided to attend a meeting and see what it was all about."

The Tikvah Group meets on the first and third Wednesdays of each month at the St. Paul Jewish Community Center to work on various projects that benefit the community. Projects include creating care packages for hurricane victims, making Tie Ties (tied ribbons that people can wear to show they support the cause), and making masks for healthcare workers. The group also has a program that matches participants with mentors who help them build social skills.

"I think it's really important to give back to the community," Jennifer said. "I think it's important to have a sense of purpose and to feel like you're making a difference. I think this group provides a great opportunity to do that."