


Aquatics Center Schedule

INDOOR

January 1-31st, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-6:00						See our website for special events & hours! www.sabesjcc.org Please use this as a general guide. We reserve the right to change the schedule at any time as needed. **OVER FOR MORE INFO**  sabes jcc	
6:00-7:00	Lap Swim 5:30a-8:30a (4 lap lanes open)	Lap Swim 5:30a-8:30a (4 lap lanes open)	Lap Swim 5:30a-8:30a (4 lap lanes open)	Lap Swim 5:30a-8:30a (4 lap lanes open)	Lap Swim 5:30a-8:30a (4 lap lanes open)		
7:00-8:00							
8:00-9:00	Water Ex 8:30a-9:15a (1 lap lane open)	Water Ex 8:30a-9:15a (1 lap lane open)	Open 8:30a-9:30a (3 lap, 2 rec lanes)	Water Ex 8:30a-9:15a (1 lap lane open)	Water Ex 8:30a-9:15a (1 lap lane open)		
9:00-10:00	Open 9:15a-9:45a	Open					
10:00-11:00	Group Lessons 9:45a-11:15a (3 lap lanes open)	ECC Lessons 9:30a-11:30p (1 lap lane open)	ECC Lessons 9:30a-12:00p (1 lap lane open)		Open 9:15a-10:40p (3 lap, 2 rec lanes)		
11:00-12:00					Group Lessons 10:40-11:10 (3 lap lanes)	Open 9:30a-1:00p (3 lap, 2 rec lanes)	Group Lessons 9:25a-1:30p (1 lap lane open)
12:00-1:00	Open 11:15a-12:45p (3 lap, 2 rec lanes)	Open 11:30a-1:30p (3 lap, 2 rec lanes)	Open 12:00p-1:30p (3 lap, 2 rec lanes)	Open 9:15a-1:30p (3 lap, 2 rec lanes)	Open 11:10a-1:30p (3 lap, 2 rec lanes)		9:25a-10:00a NO LAP LANE NO REC LANE
1:00-2:00	Group Lessons 12:45-1:15 (3 lap lanes)						
	Open						
2:00-3:00	CLOSED 1:30p-3:30p	CLOSED 1:30p-3:30p	CLOSED 1:30p-3:30p	CLOSED 1:30p-3:30p	CLOSED 1:30p-3:30p	Family Swim 1:00p-3:00p (1 lap lane open)	1:30p-4:00p SwimPossible - 1 Lane Lessons - 1 Lane Lap Swim - 1 Lane Rec Swim - 2 Lane
3:00-4:00		Open			Open 3:30p-4:05p	Open 3:00p-5:00p (3 lap, 2 rec lanes)	
4:00-5:00		Group Lessons 3:45p-7:05p (1 lap lane open) (2 rec lane open)	Open 3:30p-7:00p (3 lap, 2 rec lanes)	Open 3:30p-7:00p (3 lap, 2 rec lanes)	Group Lessons 4:05p-5:10p (3 lap lane open) (1 rec lane open)		Group Lessons 4:00p-5:30p (1 lap lane open) (2 rec lane open)
5:00-6:00	Open 3:30p-8:00p (3 lap, 2 rec lanes)				Open		
6:00-7:00					CLOSED	CLOSED	Open 5:30p-7:00p (3 lap, 2 rec lanes)
7:00-8:00		Open 7:05p-8:00p (3 lap, 2 rec lanes)	FEMALE ONLY 7:00p-8:00p (3 lap, 2 rec lanes)	MALE ONLY 7:00p-8:00p (3 lap, 2 rec lanes) Lessons in rec area	Special Activities in JANUARY: Group Lessons BEGIN: 1//2 Swim Possible BEGINS: 1/7 ECC Lessons BEGIN: 1/9		
8:00-9:00	CLOSED	CLOSED	CLOSED	CLOSED	New Years DAY: 1/1 8:00a-1:30p		

INDOOR Aquatics Center Hours	
Monday	5:30a-1:30p 3:30p-8p
Tuesday	5:30a-1:30p 3:30p-8p
Wednesday	5:30a-1:30p 3:30p-8p
Thursday	5:30a-1:30p 3:30p-8p
Friday	5:30a-1:30p 3:30p-5:30p
Saturday	8:00a-5:00p
Sunday	8:00a-7:00p

NEW YEARS DAY

8:00am-1:30pm

Code	Description
Camp	- Entire Aquatics Center CLOSED during lessons and free swim
ECC / Daycare	- Large group youth swim lessons. Limited Lap Swim Available
Water Ex	- Organized Water exercise class. Limited Lap Swim Available
Group Lessons	- Areas of the pool will be used for small group swimming lessons. Lap lanes may be restricted. *** Number of lap/rec lanes available are indicated below time.***
Family	- Children and families are encouraged to come. Limited Lap Swim Available.
Lap Swim	- Continuous lap swimming for swimmers of all ages and abilities. Recreation swimming is not available
Open	- 3 lanes available for lap swimming and 2 lanes for recreational swimming. Everyone is welcome
Rec	- Recreational swim available for playing or exercise