

youth  
fitness

at the  
Sabes JCC



# Youth Baton Twirling Classes

*Baton twirling for all genders, ages 5-18*

**DATE:** Tuesdays;

Beginning January 23, 2018 *(ongoing, enrollment)*

**TIME:** 4:45 - 5:45 PM

**LOCATION:** Sabes JCC Gymnasium

**COST:** \$10/session or \$40 monthly

Impress your friends...and maybe even yourself! In baton twirling you will learn hand/eye coordination, team work, individual goal setting & achieving, physical fitness and sportsmanship. Fun Fact: There are college scholarships available for baton twirlers and many performance opportunities. So what are you waiting for? Let's Twirl!

*Batons will be provided for initial lessons. Students are asked to wear short sleeves or tank tops, shorts, or leotard, baton shoes or tennis shoes.*

**Instructors:** Pam Friedman, Sheri Sisler and Suzy Krelitz

**Questions?** Contact Jena Radant at 952-381-3418/jradant@sabesjcc.org.

sabesjcc.org



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