


**Aquatics Center Schedule**

**INDOOR**

**February 1-28th 2018**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30-6:00						See our website for special events & hours! <a href="http://www.sabesjcc.org">www.sabesjcc.org</a> Please use this as a general guide. We reserve the right to change the schedule at any time as needed. <b>**OVER FOR MORE INFO**</b>  sabes jcc		
6:00-7:00	<b>Lap Swim</b> 5:30a-8:30a (4 lap lanes open)	<b>Lap Swim</b> 5:30a-8:30a (4 lap lanes open)	<b>Lap Swim</b> 5:30a-8:30a (4 lap lanes open)	<b>Lap Swim</b> 5:30a-8:30a (4 lap lanes open)	<b>Lap Swim</b> 5:30a-8:30a (4 lap lanes open)			
7:00-8:00								
8:00-9:00	<b>Water Ex</b> 8:30a-9:15a (1 lap lane open)	<b>Water Ex</b> 8:30a-9:15a (1 lap lane open)	<b>Open</b> 8:30a-9:30a (3 lap, 2 rec lanes)	<b>Water Ex</b> 8:30a-9:15a (1 lap lane open)	<b>Water Ex</b> 8:30a-9:15a (1 lap lane open)	<b>Lap Swim</b> 8:00a-9:30a (4 lap lanes open)	<b>Lap Swim</b> 8:00a-9:25a (4 lap lanes open)	
9:00-10:00	<b>Open</b> 9:15a-9:45a	<b>Open</b>						
10:00-11:00	<b>Group Lessons</b> 9:45a-10:45a (3 lap lanes open)	<b>ECC Lessons</b> 9:30a-11:30p (1 lap lane open)	<b>ECC Lessons</b> 9:30a-12:00p (1 lap lane open)		<b>Open</b> 9:15a-10:40p (3 lap, 2 rec lanes)			
11:00-12:00	<b>Open</b> 10:45a-12:45p (3 lap, 2 rec lanes)			<b>Open</b> 9:15a-1:30p (3 lap, 2 rec lanes)	<b>Group Lessons</b> 10:40-11:10 (3 lap lanes)	<b>Open</b> 9:30a-1:00p (3 lap, 2 rec lanes)	<b>Group Lessons</b> 9:25a-1:30p (1 lap lane open)	
12:00-1:00		<b>Open</b> 11:30a-1:30p (3 lap, 2 rec lanes)	<b>Open</b> 12:00p-1:30p (3 lap, 2 rec lanes)		<b>Open</b> 11:10a-1:30p (3 lap, 2 rec lanes)		<b>9:25a-10:00a</b> <b>NO LAP LANE</b> <b>NO REC LANE</b>	
1:00-2:00	<b>Group Lessons</b> 12:45-1:15 (3 lap lanes)							
	<b>Open</b>					<b>Family Swim</b> 1:00p-3:00p (1 lap lane open)		
2:00-3:00	<b>CLOSED</b> 1:30p-3:30p	<b>CLOSED</b> 1:30p-3:30p	<b>CLOSED</b> 1:30p-3:30p	<b>CLOSED</b> 1:30p-3:30p	<b>CLOSED</b> 1:30p-3:30p		<b>1:30p-4:00p</b> SwimPosble - 1 Lane Lessons - 1 Lane Lap Swim - 1 Lane Rec Swim - 2 Lane	
3:00-4:00		<b>Open</b>			<b>Open</b> 3:30p-4:05p	<b>Open</b> 3:00p-5:00p (3 lap, 2 rec lanes)		
4:00-5:00		<b>Group Lessons</b> 3:45p-7:05p (1 lap lane open) (2 rec lane open)	<b>Open</b> 3:30p-7:00p (3 lap, 2 rec lanes)	<b>Open</b> 3:30p-7:00p (3 lap, 2 rec lanes)	<b>Group Lessons</b> 4:05p-5:10p (3 lap lane open) (1 rec lane open)		<b>Group Lessons</b> 4:00p-5:30p (1 lap lane open) (2 rec lane open)	
5:00-6:00	<b>Open</b> 3:30p-8:00p (3 lap, 2 rec lanes)				<b>Open</b>			
6:00-7:00					<b>CLOSED</b>	<b>CLOSED</b>	<b>Open</b> 5:30p-7:00p (3 lap, 2 rec lanes)	
7:00-8:00		<b>Open</b> 7:05p-8:00p (3 lap, 2 rec lanes)	<b>FEMALE ONLY</b> 7:00p-8:00p (3 lap, 2 rec lanes)	<b>MALE ONLY</b> 7:00p-8:00p (3 lap, 2 rec lanes) Lessons in rec area	<b>Special Activities in February:</b> HMJDS Robotics: 2/7 - 1 lap lane			
8:00-9:00	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>				

<b>INDOOR Aquatics Center Hours</b>	
Monday	5:30a-1:30p 3:30p-8p
Tuesday	5:30a-1:30p 3:30p-8p
Wednesday	5:30a-1:30p 3:30p-8p
Thursday	5:30a-1:30p 3:30p-8p
Friday	5:30a-1:30p 3:30p-5:30p
Saturday	8:00a-5:00p
Sunday	8:00a-7:00p

<b>Code</b>	<b>Description</b>
Camp	- Entire Aquatics Center CLOSED during lessons and free swim
ECC / Daycare	- Large group youth swim lessons. Limited Lap Swim Available
Water Ex	- Organized Water exercise class. Limited Lap Swim Available
Group Lessons	- Areas of the pool will be used for small group swimming lessons. Lap lanes may be restricted. *** Number of lap/rec lanes available are indicated below time.***
Family	- Children and families are encouraged to come. Limited Lap Swim Available.
Lap Swim	- Continuous lap swimming for swimmers of all ages and abilities. Recreation swimming is not available
Open	- 3 lanes available for lap swimming and 2 lanes for recreational swimming. Everyone is welcome
Rec	- Recreational swim available for playing or exercise