

youth
fitness

at the
Sabes JCC



Youth Baton Twirling Classes

Baton twirling for all genders, ages 5-18

DATE: Tuesdays;
Ongoing Enrollment

TIME: 4:15 - 5:15 PM

LOCATION: Sabes JCC Gymnasium

COST: \$10/session or \$40 monthly

Impress your friends...and maybe even yourself! In baton twirling you will learn hand/eye coordination, team work, individual goal setting & achieving, physical fitness and sportsmanship. Fun Fact: There are college scholarships available for baton twirlers and many performance opportunities. So what are you waiting for? Let's Twirl!

Batons will be provided for initial lessons. Students are asked to wear short sleeves or tank tops, shorts, or leotard, baton shoes or tennis shoes.

Instructors: Pam Friedman, Sheri Sisler and Suzy Krelitz

Questions? Contact Jena Radant at 952-381-3418/jradant@sabesjcc.org.

sabesjcc.org



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minneapolis