

aquatics

at the
Sabes JCC



Lifeguard Instructor Course

DATE: December 2nd, January 6th and January 13th

TIME: 8 AM - 5 PM (daily)

LOCATION: Sabes JCC

COST: \$250

Lifeguard Instructor course trains instructor candidates to teach American Red Cross Lifeguarding, Shallow Water Lifeguarding, Aquatic Attraction Lifeguarding, Waterfront Skills, Waterpark Skills, First Aid, CPR/AED for Professional Rescuers, Administering Emergency Oxygen and Bloodborne Pathogens. This course prepares instructor candidates to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional-level course.

Prerequisites

- Be at least 17 years old
- Possess a current Red Cross certification in Lifeguarding/First Aid/CPR/AED
- Complete the online Lifeguard Instructor course for \$35 thru the ARC learning center (before the first day of class)
- Pass two rescue skill scenarios that test lifeguarding and CPR (on the first day of class)

Certification

- 2 year American Red Cross Lifeguard Instructor certification

For more details and to register, Contact Mikaela Bagley at mbagley@sabesjcc.org.



sabesjcc.org



sabes jcc
minneapolis

aquatics

at the
Sabes JCC



Lifeguard Instructor Course

DATE: January 19th, 20th, 26th and January 27th

TIME: 8 AM - 5 PM (daily)

LOCATION: Sabes JCC

COST: \$250

Lifeguard Instructor course trains instructor candidates to teach American Red Cross Lifeguarding, Shallow Water Lifeguarding, Aquatic Attraction Lifeguarding, Waterfront Skills, Waterpark Skills, First Aid, CPR/AED for Professional Rescuers, Administering Emergency Oxygen and Bloodborne Pathogens. This course prepares instructor candidates to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional-level course.

Prerequisites

- Be at least 17 years old
- Possess a current Red Cross certification in Lifeguarding/First Aid/CPR/AED
- Complete the online Lifeguard Instructor course for \$35 thru the ARC learning center (before the first day of class)
- Pass two rescue skill scenarios that test lifeguarding and CPR (on the first day of class)

Certification

- 2 year American Red Cross Lifeguard Instructor certification

For more details and to register, Contact Mikaela Bagley at mbagley@sabesjcc.org.



sabesjcc.org



sabes jcc
minneapolis

aquatics

at the
Sabes JCC



Lifeguard Instructor Course

DATE: April 22nd, 23rd, 24th, 25th and April 26th

TIME: 4 PM - 9 PM (daily)

LOCATION: Sabes JCC

COST: \$250

Lifeguard Instructor course trains instructor candidates to teach American Red Cross Lifeguarding, Shallow Water Lifeguarding, Aquatic Attraction Lifeguarding, Waterfront Skills, Waterpark Skills, First Aid, CPR/AED for Professional Rescuers, Administering Emergency Oxygen and Bloodborne Pathogens. This course prepares instructor candidates to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional-level course.

Prerequisites

- Be at least 17 years old
- Possess a current Red Cross certification in Lifeguarding/First Aid/CPR/AED
- Complete the online Lifeguard Instructor course for \$35 thru the ARC learning center (before the first day of class)
- Pass two rescue skill scenarios that test lifeguarding and CPR (on the first day of class)

Certification

- 2 year American Red Cross Lifeguard Instructor certification

For more details and to register, Contact Mikaela Bagley at mbagley@sabesjcc.org.



sabesjcc.org



sabes jcc
minneapolis