

SWIMMING LESSONS Winter 2019

We offer swim lessons for all ages and abilities, with emphasis on confidence, personal safety, swimming skills, endurance, and social skills. Choose the level that is appropriate based on swimming experience. Or, if you need more personal attention, private and semi-private lessons are available year-round.

SESSION 2 - 2019: FEBRUARY 27 - APRIL 7 (6 lessons)

\$111 general public; \$84 JCC members

***MAKE UP LESSONS ON 4/11, 4/12, 4/14, 4/15 & 4/16**

For more information about any of our aquatic programs, or to schedule a swimming assessment to determine the appropriate level, please contact Mikaela Bagley at mbagley@sabesjcc.org or call (952) 381-3422.

MONDAY SWIMMING LESSONS

SESSION 2: MARCH 4 - APRIL 8 *4/15

Time	Level
9:30 - 10:00 am	Frogs
10:00 - 10:30 am	Gobies
10:30 - 11:00 am	Frogs
12:45 - 1:15 pm	Tiger Barbs

TUESDAY SWIMMING LESSONS

SESSION 2: MARCH 5 - APRIL 9 *4/16

Time	Level
3:45 - 4:15 pm	Stingrays Seals
4:20 - 4:50 pm	Seals Dolphins/Sharks
4:55 - 5:25 pm	Seals Gobies
5:30 - 6:00 pm	Stingrays Dolphins/Sharks
6:05 - 6:35 pm	Gobies Tiger Barbs

THURSDAY SWIMMING LESSONS

SESSION 2: FEBRUARY 28 - APRIL 4 *4/11

Time	Level
9:30 - 10:00 am	Gobies
10:00 - 10:30 am	Frogs
10:30 - 11:00 am	Wigglers Gobies
12:45-1:15 pm	Frogs
4:45 - 5:15 pm	Seals

Please note: If a class does not meet the two-person enrollment minimum, it is subject to cancellation.

FRIDAY SWIMMING LESSONS

SESSION 2: MARCH 1 - APRIL 5 *4/12

Time	Level
9:30 - 10:00 am	Frogs
10:30 - 11:00 am	Gobies
12:45-1:15 pm	Tiger Barbs

SUNDAY SWIMMING LESSONS

SESSION 2: MARCH 3 - APRIL 7 *4/14

Time	Level
9:25 - 9:55 am	Water Babies Frogs Seals
10:00- 10:30 am	Wigglers Frogs Gobies
10:35 - 11:05 am	Wigglers Frogs Stingrays Gobies
11:10 - 11:40 am	Tiger Barbs Seals Dolphins/Sharks
11:45 - 12:15 pm	Wigglers Gobies Dolphins/Sharks
12:20 - 12:50 pm	Water Babies Frogs Seals Stingrays
12:55 - 1:25 pm	Water Babies Seals Frogs
3:30 - 4:00 pm	Gobies
4:00 - 4:30 pm	Stingrays (FULL)
4:30 - 5:00 pm	Frogs
5:00 - 5:30 pm	Gobies



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