

youth
fitness

at the
Sabes JCC



Youth Baton Twirling Classes

Baton twirling for all genders, ages 5-18

DATE: Tuesdays;

This program meets on a continuous basis and students can register at any time.

TIME: 4:15 - 5:15 PM

LOCATION: Sabes JCC Gymnasium

COST: \$55 Non-member monthly (on-going payment)
\$40 Member monthly (on-going payment)

Member youth drop in rate \$12/session

Non-Member youth drop in rate \$17/session

***must be paid prior to class participation and receipt provided to Instructor.*

Impress your friends...and maybe even yourself! In baton twirling you will learn hand/eye coordination, team work, individual goal setting & achieving, physical fitness and sportsmanship. Fun Fact: There are college scholarships available for baton twirlers and many performance opportunities. So what are you waiting for? Let's Twirl!

Batons will be provided for initial lessons. Students are asked to wear short sleeves or tank tops, shorts, or leotard, baton shoes or tennis shoes.
Instructors: Pam Friedman, Haley Sisler-Neuman, Sheri Sisler and Suzy Krelitz

Questions? Contact Jory Kircher at 952-381-3418 /jkircher@sabesjcc.org

sabesjcc.org



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