

SWIMMING LESSONS Spring 2019

We offer swim lessons for all ages and abilities, with emphasis on confidence, personal safety, swimming skills, endurance, and social skills. Choose the level that is appropriate based on swimming experience. Or, if you need more personal attention, private and semi-private lessons are available year-round.

SESSION 3 - 2019: APRIL 27 - JUNE 10 (6 lessons)

\$111 general public; \$84 JCC members

***MAKE UP LESSONS ON 6/8, 6/9, 6/11, 6/13, 6/14 & 6/17**

For more information about any of our aquatic programs, or to schedule a swimming assessment to determine the appropriate level, please contact Mikaela Bagley at mabagley@sabesjcc.org or call (952) 381-3422.

MONDAY SWIMMING LESSONS

SESSION 3: APRIL 29 - JUNE 10 (NO LESSON 5/27) *6/17

Time	Level
9:30 - 10:00 am	Frogs
10:30 - 11:00 am	Gobies
11:30 - 12:00 pm	Wigglers
12:45 - 1:15 pm	Tiger Barbs

SATURDAY SWIMMING LESSONS

SESSION 3: APRIL 27 - JUNE 1 *6/8

Time	Level
9:00 - 9:30 am	Frogs
9:30 - 10:00 am	Gobies
10:00 - 10:30 am	Wigglers
10:30 - 11:00 am	Stingrays

TUESDAY SWIMMING LESSONS

SESSION 3: APRIL 30 - JUNE 4 *6/11

Time	Level
3:45 - 4:15 pm	Stingrays Seals
4:20 - 4:50 pm	Frogs Dolphins
4:55 - 5:25 pm	Seals Stingrays

SUNDAY SWIMMING LESSONS

SESSION 3: APRIL 28 - JUNE 2 *6/9

Time	Level
9:25 - 9:55 am	Water Babies Frogs Tiger Barbs
10:00 - 10:30 am	Wigglers Frogs Gobies
10:35 - 11:05 am	Wigglers Frogs Gobies
11:10 - 11:40 am	Frogs Stingrays Dolphins
11:45 - 12:15 pm	Wigglers Gobies Seals
12:20 - 12:50 pm	Water Babies Frogs Stingrays
12:55 - 1:25 pm	Puffers Seals Dolphins
3:30 - 4:00 pm	Gobies
4:00 - 4:30 pm	Stingrays
4:30 - 5:00 pm	Frogs
5:00 - 5:30 pm	Puffers

THURSDAY SWIMMING LESSONS

SESSION 3: MAY 2 - JUNE 6 *6/13

Time	Level
3:45 - 4:15 pm	Stingrays Seals
4:20 - 4:50 pm	Frogs Dolphins
4:55 - 5:25 pm	Seals Stingrays

Please note: If a class does not meet the two-person enrollment minimum, it is subject to cancellation.



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