

FEBRUARY 2019

indoor pool schedule

MONDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 1:30pm	Grp Lessons	Lap	Open		
1:30 - 3:30pm	Lap				Open
3:30 - 7:00pm	Grp Lessons	Swim Team	Open		
7:00 - 8:00pm	Grp Lessons	Lap	Open		

TUESDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 12:00pm	Lap	ECC Lessons			
12:00 - 1:30pm	Grp Lessons	Lap	Open		
1:30 - 3:30pm	Lap				Open
3:30 - 6:00pm	Grp Lessons	Swim Team	Open		
6:00 - 7:00pm	Masters			Open	
7:05 - 8:00pm	Lap				Open

WEDNESDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Grp Lessons	Water Ex			
9:30 - 12:00pm	Lap	ECC Lessons			
12:00 - 1:30pm	Grp Lessons	Lap	Open		
1:30 - 3:30pm	Lap				Open
3:15 - 4:00pm	Water Ex				
3:30 - 6:30pm	Swim Team	Lap	Open		
6:30 - 7:00pm	Lap			Open	
7:00 - 8:00pm	Female Only Swim				

THURSDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Grp Lessons	Water Ex			
9:30 - 1:30pm	Grp Lessons	Lap	Open		
1:30 - 3:30pm	Lap				Open
3:30 - 6:00pm	Grp Lessons	Swim Team	Lap	Open	
6:00 - 7:00pm	Masters			Open	
7:00 - 8:00pm	Male Only Swim				

FRIDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 1:30pm	Grp Lessons	Lap	Open		
1:30 - 3:30pm	Lap				Open
3:30 - 5:30pm	Lap				Open

SATURDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
8:00 - 10:00am	Lap				Open
10:00 - 11:00am	Grp Lessons	Water Ex			
11:00 - 5:00pm	Grp Lessons	Lap	Open		

SUNDAY					
TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
8:00 - 9:25am	Lap				Open
9:25 - 2:15pm	Grp Lessons				
2:15 - 6:00pm	Grp Lessons				Open
6:00 - 7:00pm	Lap			Open	

Special Events

February 4 from 5:00-7:00pm
Inclusion Sensory Friendly Swim

February 12 from 6:00-7:30pm
Stroke Clinic
(2 Lap Lanes Used)

February 13 from 7:00-8:30am
Stroke Clinic
(2 Lap Lanes Used)

February 19 from 6:00-7:30pm
Stroke Clinic
(2 Lap Lanes Used)

February 20 from 7:00-8:30am
Stroke Clinic
(2 Lap Lanes Used)

February 26 from 6:00-7:30pm
Stroke Clinic
(2 Lap Lanes Used)

February 27 from 7:00-8:30am
Stroke Clinic
(2 Lap Lanes Used)

Indoor Pool Hours

Monday - Thursday:

5:30am-8:00pm

Friday:

5:30am-5:30pm

Saturday:

8am-5:00pm

Sunday:

8am-7:00pm

Questions? Contact Mikaela Bagley at mbagley@sabesjcc.org



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Please use this schedule as a general guide.
This schedule is subject to change at any time with no or limited notice.

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