aquatics

at the
Sabes JCC

sabesjcc.org

sabes jcc
minneapolis

A Taste of Swim Team

for participants grades K-8

DATE: APRIL 27 - JUNE 10
TIME: 12:15 - 1:15 PM or 1:15 - 2:15 PM
COST: $150 • $100 Member Value Price

Participants will feel what it is like to be on a swim team with coaching from certified swim coaches for an hour long practice every week. Swimmers will to refine stroke technique and develop swimming endurance as the swimmer prepares to be a part of a competitive team. The last day will result in a swim meet to practice skills learned and celebrate the end of the season.

* Child must be able to swim 25 yards of freestyle and 25 yards of backstroke. If your child is interested, please reach out to Mikaela Bagley at 952-381-3422 or mbagley@sabesjcc.org.