APRIL 2019

indoor pool schedule

MONDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 1:30pm	Grp Lessons		Lap	Open	
1:30 - 2:15pm	Grp Lessons				Open
2:15 - 3:30pm	Lap			Open	
3:30 - 7:00pm	Grp Lessons		Swim Team		Open
7:00 - 8:00pm	Grp Lessons		Lap	Open	

TUESDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 12:00pm	Lap	ECC Lessons			
12:00 - 1:30pm	Grp Lessons	Lap		Open	
1:30 - 3:30pm	Lap			Open	
3:30 - 6:00pm	Grp Lessons		Swim Team		Open
6:00 - 7:00pm	Masters		Lap	Open	
7:05 - 8:00pm	Lap			Open	

WEDNESDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Grp Lessons	Water Ex			
9:30 - 12:00pm	Lap	ECC Lessons			
12:00 - 1:30pm	Grp Lessons	Lap		Open	
1:30 - 3:30pm	Lap			Open	
3:15 - 4:00pm	Water Ex			Open	
4:00 - 5:30pm	Swim Team		Grp Lessons	Open	
5:30 - 7:00pm	Lap			Open	
7:00 - 8:00pm	Female Only Swim				

THURSDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Grp Lessons	Water Ex			
9:30 - 1:30pm	Grp Lessons		Lap	Open	
1:30 - 3:30pm	Lap			Open	
3:30 - 6:00pm	Grp Lessons	Swim Team		Open	
6:00 - 7:00pm	Masters		Lap	Open	
7:00 - 8:00pm	Male Only Swim				

FRIDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30 - 8:30am	Lap				Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 5:30pm	Lap			Open	

SATURDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
8:00 - 10:00am	Lap			Open	
10:00 - 11:00am	Grp Lessons		Water Ex		
11:00 - 5:00pm	Grp Lessons		Lap	Open	

SUNDAY

TIME	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
8:00 - 9:25am	Lap				Open
9:25 - 2:15pm	Grp Lessons				
2:15 - 6:00pm	Grp Lessons				Open
6:00 - 7:00pm	Lap			Open	

Special Events

April 7 from 5:00-7:00pm
Inclusion Sensory Friendly Swim

April 12 from 7:15-8:25am
Freestyle Clinic
(2 Lap Lanes Used)

April 15 -20, 2019
POOL CLOSED

April 28 from 8:00-9:15am
Freestyle Clinic
(2 Lap Lanes Used)

April 28-30
Lifeguard Class
(2 Lap Lanes Used)

Indoor Pool Hours

Monday - Thursday:
5:30am-8:00pm
Friday:
5:30am-5:30pm
Saturday:
8am-5:00pm
Sunday:
8am-7:00pm

Questions? Contact Mikaela Bagley at mbagley@sabesjcc.org

sabes jcc
minneapolis

Please use this schedule as a general guide.
This schedule is subject to change at any time with no or limited notice.

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