St. Paul JCC Physical Activity Bracket This bracket will last for 15 days

Days 1 – 8:

Complete the activities in Round 1 and pick your favorite to advance to Round 2

Example: Day 1 is Stretching and Playing Catch. I liked stretching better so that advances to the next round.

Days 9 - 12:

Complete the activities from Round 1, that advanced. Pick your favorite to advance to Round 3

Days 13 – 14:

Complete Round 3 and pick you semi-final winner

Day 15:

Complete the final 2 activities and pick the winner



