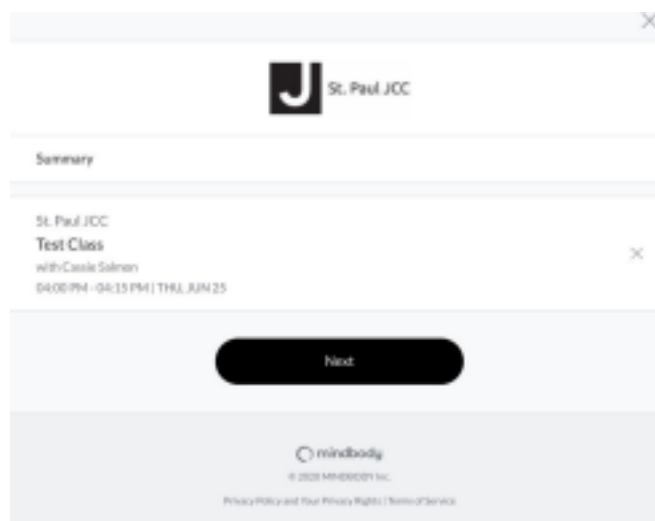


1. Go to <https://www.sabesjcc.org/fitness-club/group-exercise-classes/>

2. To find your class go select the date and BOOK next the class you would like to attend

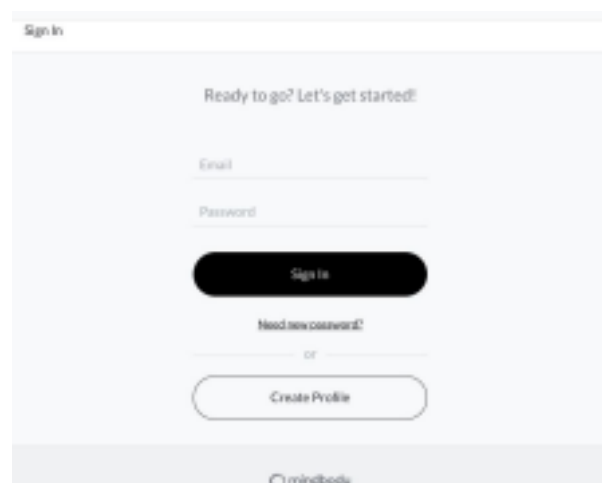
BOOK

3. To check out a pop-out screen will appear:



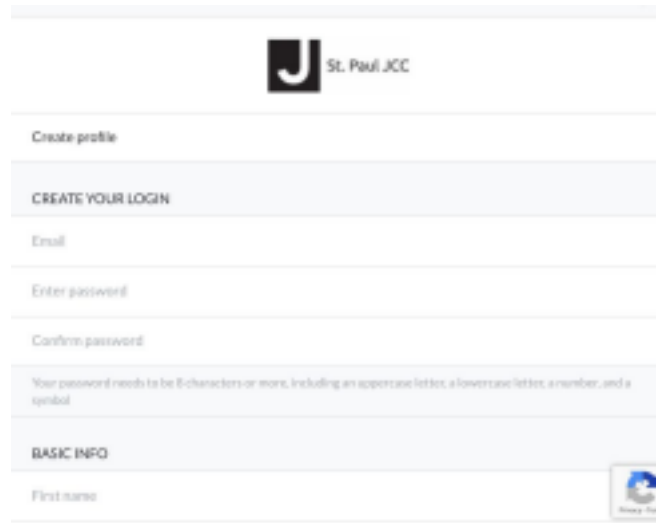
4. Click "Next"

a. You will need to sign-in and for **all first time users to MindBody** you will need to create a profile.

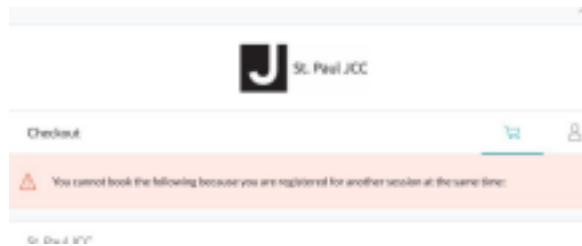


b. To create a profile you will need to enter in the following information: i.

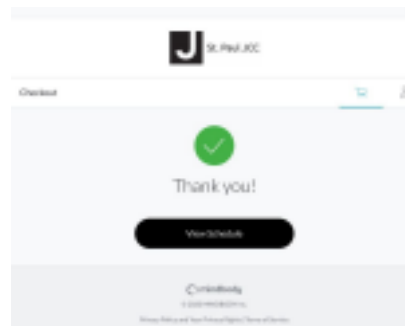
Email address, password, confirm password



- ii. Basic information: First/Last Name, etc.
- iii. Under Additional Info: What do you want to hear about? Please keep all boxes checked as this is how you will receive your zoom link and further communication regarding Group Exercise!
- iv. Please note: EACH member needs their own profile. You will not be able to book two times under the same name. If you try to book a class two times for two different members under one profile you will receive this error message



5. When you have **successfully** registered for your class, you will receive a “Thank you!” AND a confirmation email. This email will contain important information about the class you have registered for.



6. You have registered for a virtual class, now what? Once you have signed in and clicked BOOK next to your class, you will receive a confirmation email with the zoom link in it.
7. All you will need to do is click the link in the email and you will automatically be directed to your web browser or Zoom App (only if you have already downloaded the app from your Apple or Play Store on your iPhone, iPad, or android devices)

Please click the link below to join the webinar:

<https://us02web.zoom.us/j/85786823459>

8. Don't forget to attend your virtual class! Set a reminder or add it to your calendar. Class will begin promptly at the time scheduled.