

# ECC Emergency Care Plan for Child with Severe Allergies (page 1 of 3)

Child's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Allergies \_\_\_\_\_

Specific Triggers (ex: eating, touching, breathing (inhalation), bug bite or other) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## SIGNS OF AN ALLERGIC REACTION INCLUDE:

### Systems:

Mouth

Throat\*

Skin

Gut

Lung\*

Heart

### Symptoms:

Itching & swelling of the lips, tongue, or mouth

Itching and/or a sense of tightness in the throat, hoarseness & hacking cough

Hives, itchy rash, and/or swelling about the face or extremities

Nausea, abdominal cramps, vomiting and/or diarrhea

Shortness of breath, repetitive coughing and/or wheezing

"Weak" pulse, loss of consciousness

The severity of symptoms can quickly change.

**\*All above symptoms can potentially progress to a life threatening situation!**

Place  
Child's  
Photo  
Here

## TO BE COMPLETED BY HEALTHCARE PROVIDER

If reaction is suspected, give **IMMEDIATELY**:

Treatment prescription: \_\_\_\_\_ Dosage: \_\_\_\_\_

For the described symptoms: \_\_\_\_\_

Treatment prescription: \_\_\_\_\_ Dosage: \_\_\_\_\_

Precautions and/or possible adverse reactions: \_\_\_\_\_

**Contact emergency medical services *whenever epinephrine is used*.** A single dose of epinephrine wears off in 15-20 minutes. Please note: In the case of a severe allergy to bee stings, the provider will attempt to quickly remove the stinger by scraping with a fingernail or other object.

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# ECC Emergency Care Plan for Child with Severe Allergies (page 2 of 3)

## EMERGENCY PHONE NUMBERS:

Parent/Guardian #1 \_\_\_\_\_

Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Other \_\_\_\_\_

Parent/Guardian #2 \_\_\_\_\_

Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Other \_\_\_\_\_

Primary Health Provider's Name \_\_\_\_\_

Health Provider's Emergency Phone # \_\_\_\_\_

## TO BE COMPLETED BY CHILD CARE PROVIDER

What techniques will be used to avoid the exposure? \_\_\_\_\_

Where in the program will the child receive care when a reaction occurs? \_\_\_\_\_

Who will take charge of the situation? \_\_\_\_\_

What will the staff do if the child is in the classroom? \_\_\_\_\_

...on the playground? \_\_\_\_\_

...on a field trip? \_\_\_\_\_

Where will the medications for a reaction be kept? \_\_\_\_\_

...while on a field trip? \_\_\_\_\_

Who will call 911? \_\_\_\_\_

Who will call the parents/guardian? \_\_\_\_\_

Who will go with the child to the hospital and stay until the parents can assume responsibility? \_\_\_\_\_

Who will care for the other children if the caregiver must take the allergic child away from the group? \_\_\_\_\_

\_\_\_\_\_

Is the allergy with the child's picture prominently posted in the kitchen and the eating area? Yes  No

**I give permission for the ECC to follow this plan of care prescribed by the physician. I also give my permission to call the health care provider listed for any additional medical information about my child. I understand that a photo of my child, including my child's name, specific allergies and treatment will be posted at the ECC.**

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# ECC Emergency Care Plan for Child with Severe Allergies (page 3 of 3)

**TRAINED CHILD CARE PROVIDERS:**

1. _____	Room: _____
2. _____	Room: _____
3. _____	Room: _____
4. _____	Room: _____
5. _____	Room: _____
6. _____	Room: _____

Plan of care reviewed by:

Director: \_\_\_\_\_ Date: \_\_\_\_\_

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Child Care Health Consultant: \_\_\_\_\_ Date: \_\_\_\_\_

**Projected date of plan of re-evaluation (every six months or sooner if needed):** \_\_\_\_\_

