

WINTER 2022|2023

indoor pool schedule

MONDAY				
TIME				
6:30 - 8:20am	Swim Lessons	Lap		
8:30 - 9:20am	Lap	Water Aerobics		
9:30 - 10:20pm	Swim Lessons	Lap	Open	
10:30 - 11:20pm	Swim Lessons	Lap	Open	
11:30 - 12:20pm	Swim Lessons	Lap	Open	
12:30 - 1:20pm	Swim Lessons	Lap	Open	
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Swim Lessons		Lap	
4:30 - 5:20pm	Swim Lessons		Lap	
5:30 - 8:30pm	Swim Lessons	Lap	Open	

TUESDAY				
TIME				
6:30 - 8:20am	Swim Lessons	Lap	Open	
8:30 - 9:20am	Lap	Water Aerobics		
9:30 - 10:20pm	Swim Lessons	Lap	Open	
10:30 - 11:20pm	Swim Lessons	Lap	Open	
11:30 - 12:20pm	Swim Lessons	Lap	Open	
12:30 - 1:20pm	Swim Lessons	Lap	Open	
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Swim Lessons			Open
4:30 - 6:30pm	Swim Lessons			Open
6:30 - 8:30pm	Swim Lessons	Lap	Open	

WEDNESDAY				
TIME				
6:30 - 8:20am	Lap			
8:30 - 9:20am	Lap	Water Aerobics		
9:30 - 10:20pm	Swim Lessons	Lap	Open	
10:30 - 11:20pm	Swim Lessons	Lap	Open	
11:30 - 12:20pm	Swim Lessons	Lap	Open	
12:30 - 1:20pm	Swim Lessons	Lap	Open	
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 6:30pm	Swim Lessons			Lap
6:30 - 8:30pm	Swim Lessons	Lap	Open	

THURSDAY				
TIME				
6:30 - 8:20am	Lap			
8:30 - 9:20am	Lap	Water Aerobics		
9:30 - 10:20pm	Swim Lessons	Lap	Open	
10:30 - 11:20pm	Swim Lessons	Lap	Open	
11:30 - 12:20pm	Swim Lessons	Lap	Open	
12:30 - 1:20pm	Lap			Open
1:30 - 2:20pm	Lap			Open
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Swim Lessons			Lap
4:30 - 6:30pm	Swim Lessons			Lap
6:30 - 8:30pm	Swim Lessons	Lap	Open	

FRIDAY				
TIME				
6:30 - 8:20am	Lap			
8:30 - 9:20am	Lap	Water Aerobics		
9:30 - 10:20pm	Swim Lessons	Lap	Open	
10:30 - 11:20pm	Swim Lessons	Lap	Open	
11:30 - 12:20pm	Swim Lessons	Lap	Open	
12:30 - 1:20pm	Swim Lessons	Lap	Open	
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Swim Lessons	Lap	Open	
4:30 - 5:30pm	Lap			Open

SATURDAY				
TIME				
8:15 - 9:20am	Lap	Zumba		
9:30 - 10:20am	Swim Lessons			Lap
10:30 - 11:20am	Swim Lessons			Lap
11:30 - 12:20pm	Swim Lessons			Lap
12:30 - 1:20pm	Swim Lessons			Lap
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Lap			Open
4:30 - 5:30pm	Lap			Open

SUNDAY				
TIME				
8:30 - 9:20am	Lap			
9:30 - 10:20am	Swim Lessons			Lap
10:30 - 11:20am	Swim Lessons			Lap
11:30 - 12:20pm	Swim Lessons			Lap
12:30 - 1:20pm	Swim Lessons			Lap
1:30 - 2:20pm	Swim Lessons	Lap	Open	
2:30 - 3:20pm	Swim Lessons	Lap	Open	
3:30 - 4:20pm	Lap			Open
4:30 - 5:30pm	Lap			Open

Indoor Pool Hours
 Monday - Thursday:
 6:30am-8:30pm
 Friday:
 6:30am-5:30pm
 Saturday:
 8:30am-5:30pm
 Sunday:
 8:30am-5:30pm

Indoor pool

Open for LAP SWIM, WATER AEROBICS, OPEN SWIM and LESSONS.

Questions?

Contact Alyssa Corazzo at acorazzo@minnesotajcc.org